

NEWS FLASH 2011/2012

CANADIAN ASSEMBLY of NARCOTICS ANONYMOUS
L'ASSEMBLÉE CANADIENNE de NARCOTIQUES ANONYMES
www.canaacna.org

Letter from the CANA ACNA Chair

*Hello! It is an absolute pleasure and privilege to serve as your CANA chairperson!
We had a very productive 5 day meeting last November 2010 as well as a spring conference call.
We are a discussion/consensus based body and form workgroups to carry out the tasks from
our action plan. We have an executive committee, convention, website and Fellowship East/
Central/West subcommittees.*

This is some of what CANA does:

- *We coordinate services between our member regions.*
- *We provide an opportunity for discussion and exchange of information on problems and issues confronting NA*
- *We facilitate communication, cooperation, and growth among regions/areas in Canada and NA World Services.*
- *We help Regional Delegates prepare for the biannual World Service Conference and learn from each other, former Delegates, and other experienced trusted servants.*
- *We assist local NA members or communities who have questions about NA service or how to handle challenging situations.*
- *We conduct workshops and learning days on various topics in NA service.*
- *We sponsor multi-regional events with participation from NA World Services.*
- *We host a yearly national NA convention in various areas of Canada.*
- *We provide NA services on a national level.*
- *We assist areas and regions with our website template.*
- *We assist groups/members with literature if needed*
- *We are working on translations of IP#1*
- *We distribute a national NA Newsletter*
- *We are forever conscious of our northern and isolated communities. We carry the message to addicts across our country, some which may not have the luxury of meetings or meetings in their own language.*
- *We develop various templates such as a generic website to assist the fellowship*

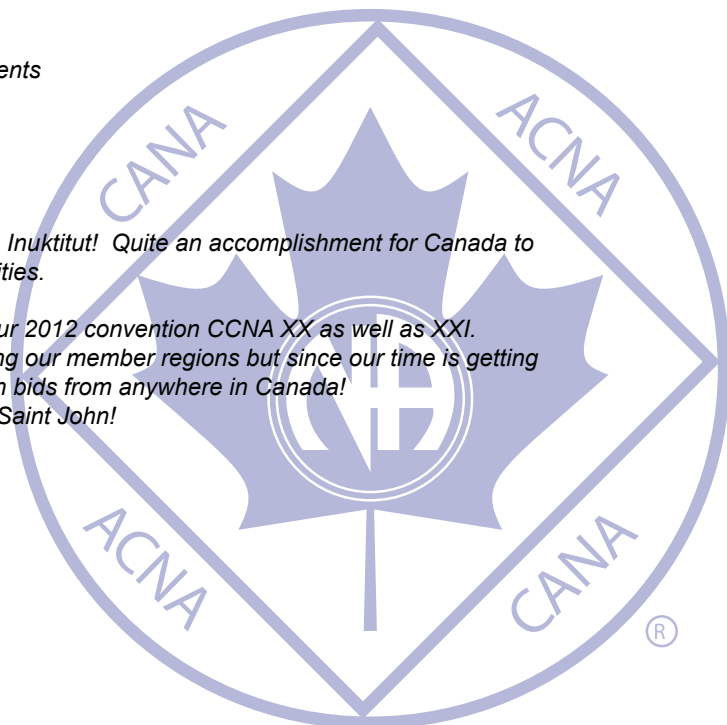
Our workgroups this year are:

- *2011 CANA PSA Campaign*
- *2011 CANA Translations*
- *2011 CANA Workshop (E-Scan)*
- *Attendance at 2011 Health Services Events*
- *CANA-ACNA News Flash 2011*
- *CANA Orientation Package*
- *CANA-ACNA Web Site Issues*
- *CBDM*

Last year we completed translations of IP #1 into Inuktitut! Quite an accomplishment for Canada to help carry the message to our northern communities.

*At this time we are anxiously awaiting a bid for our 2012 convention CCNA XX as well as XXI.
We usually try to follow a rotation schedule among our member regions but since our time is getting limited we would be eager and willing to entertain bids from anywhere in Canada!
I look forward to meeting you here in beautiful Saint John!*

Sue S
CANA Chairperson



Hello

CCNA XIX began as a bid committee of interested members. After a few meetings we had prepared a bid to be presented to CANA. The bid was accepted in Nov 2010 for an Oct 2011 convention. This when the committee became a convention committee and set about involving the local fellowship and having elections. It was time to prepare the framework for the convention.

For the next 11 months we continued to meet at 1 month intervals and discuss the plans for CCNA XIX. We held local fellowship events to raise awareness and revenue for the convention. The excitement around the convention and the pre-convention activities was infectious. The local NA community were unified as they had not been for a long time.

We created a web site packed with information about the convention, the venue, the city and the province. We wanted to create an environment that encouraged members from across the country and even the USA to come and join us as we carry the message.

Although greater Saint John only has 6 NA meetings a week, they have been in existence for 20 plus years. Small in size but people are getting and staying clean in Saint John.

As the convention came closer out frequency of meetings increased as did our work load. By the time the convention was 90 days away we will full stride with our plans. Our efforts were falling into place as the pieces of the puzzle came into perspective. We could see clearly now the vision would soon be a reality. Everyone worked frantically as the eve of the convention approached.

Now it time for the fruits of our labor - a celebration of recovery!

It is our hope that everyone enjoys the celebration of CCNA XIX as well as our beautiful city and province. There is a wonderful blend of old & new in Saint John. Because it is the first incorporated city in Canada (1785) Saint John has a wealth of beautiful old buildings, both residential and commercial. Including the oldest in store market and the beautiful Imperial Theatre only a couple minutes walk for the convention venue.

You will also find Saint John was not left behind in modernization as there is stunning architecture & commerce found in abundance.

On the coast of the Bay of Fundy, home of the highest tides in the world, you can enjoy the exhilarating and picturesque Fundy Trails as it winds its way through Saint John and across New Brunswick.

This has been an interesting experience for me and for the other committee members.

It is a blessing to be of service. There have been challenges and demands that at times required all of my strength and recovery to meet and overcome. There has been many a lesson learned. But, there have been relationships forged as I widened my base locally and nationally. There are more members in my support network now than ever before. We are strong and clean yet another day. Best wishes to all as you from us all as you enjoy the convention and our down east hospitality.

In Loving Service,
Paul C
CCNA XIX Chair

PSA Workgroup Update

Did you know that we have a PSA workgroup?

Do you know what PSA's are?

PSA's are Public Service Announcements. They are heard on TV, Radio and seen on billboards, in newspapers and magazines.

CANA-ACNA is trying to develop a National PSA service. If you are interested contact you RD or RDA to find out how you can participate with the CANA-ACNA PSA Workgroup.

A Country United Canadian Strong

**A convention in Canada is just what we need
To allow the fellowship more room to seed
Spreading our words and also our arms
Giving those newcomers most of our charms**

**Why a convention and conference to boot
Just another level of service & who gives a hoot
National pride whatever is the use
Lest we forget all that substance abuse**

**We meet with professionals we meet with the law
We listen in earnest at what they all saw
Jails filled with addicts re-offending relapse
As we stand with our message all over the maps**

**Canada is home we're proud of what we are
We need to have presence whether near or how far
Come find the reason we meet every year
And you will be able to join in the cheer**

**We span every border coast to coast to coast
We take aim at the challenge that needs us the most
We want your input please come take part
Because without you we can't make a new start**

**A Country United Canadian Strong
Will be our vision as we all sing along
Serenity prayers as we close every night
We will stand guard to fight the good fight**

**I end in a way that shows all who have quests
That the future will be our toughest of tests
Be part of the solution be part of the pride
Cause CANA & ACNA are here by your side**

Yils Rob L RD Ontario

Fellowship Development West

Greetings to our NA Fellowship from CANA/ACNA Fellowship Development West.

My name is Chris D. and I have the privilege of serving our Fellowship as the CANA/ACNA Fellowship Development West Representative. I am available as a resource to Members in Saskatchewan, Alberta, and British Columbia to assist them in their recovery and service efforts. The Canadian Assembly through our Fellowship Development Representatives seeks to raise the public profile of NA with professionals and the public while also working to increase internal recognition of CANA/ACNA within our NA Fellowship. A Public Relations display, which we planned for Western Canada this year, unfortunately, did not go ahead because the organizers of the conference decided to not invite exhibitors. We continue to be on the lookout for more opportunities to serve and raise public awareness of our incredible fellowship and all we have to offer the addict who still suffers. Over the last year I have received close to 100 email inquiries from members, professionals and the public. It has been my pleasure to connect these people to the resources they are seeking and assist them in understanding NA, finding our meetings and getting the help that they required.

*In Service,
Chris D*

Fellowship Development East

*My name is Clay I'm an addict and I am you
FD East Coordinator.*

FD EAST serves Quebec, Le Nordet, and CARNA.

FD East works with area and regional PI/PR trusted servants to provide services to NA, professionals and the public at large.

I am available to all members in Eastern Canada to assist with service commitments, workshops and anything else I am needed for.

This year I traveled to Halifax to coordinate a workshop with the local area, and spent some time in Ottawa training with the FDC, and assisting with a commitment there.

Over the next year we will be looking to attend more conferences within the Eastern Region of Canada, and may need your help.

*In Service,
Clay N*

FD TEAM UPDATES

Fellowship Development Central

Hi, I'm an addict named Richard. What a year it has been for fellowship Development Central, which is basically Manitoba and Ontario.

The mandate that the FD Team set for itself this year was to be visible both within the Fellowship and in the Medical community. We also wanted to try to break ground within the First Nations people. We got word of a NNADAP (National Native Drug and Alcohol Program) conference in Winnipeg. This was a great success with a lot of interest and follow up email communication. Thank you to some members of the Manitoba Area for their support in manning the booth.

The next thing we tackled was a follow up from last year in PEI where we attended the CCPA (Canadian Counsellors and Psychotherapy Association). This year the conference was in Ottawa and I was joined there by Clay our FD East Team member. We were also helped out by the PI committee in Ottawa. Unfortunately this event was not as successful as PEI because of the location of the booths. Perhaps asking for conference floor plans may eliminate future attendance if we don't feel the exposure is adequate. Then it was back to Winnipeg, which by the way was the first time in three visits doing service that I saw the sun shine and it was nice and warm. I was asked to participate in their annual convention and facilitated two workshops. I also sat in on a sponsorship panel which was a lot of fun. I feel like I have an honorary membership in the Manitoba Area, which is truer than ever now that the MASC has joined Ontario to become our 18th Area.

I felt like I just got off the plane when I was off to Edmonton to co-facilitate a Regional Planning Tool with Jim H (RD BC) for the AI-Sask Region. I believe that this was probably the best and most well received Planning Tool that I have participated in. We spent the entire day Saturday as well as Sunday morning.

Richard B (RD AI-Sask) was at the airport to pick me up and take me out there and this was truly appreciated.

I see an ongoing need for us to continue what we have begun.

Thank you again for the opportunity to be of service.

*Richard H
FD Central*

Web Servant

My name is Trevor and I am an addict.
It has been an absolute pleasure in having the opportunity to serve the Canadian Fellowship over the last year as your Web Coordinator.

I have found it very rewarding to be of service and to be responsible to ensure that all meetings listed are updated and kept accurate on our website, www.canaacna.org.

CANA-ACNA provides a template service for interested Regions and Area's that allow the entire database to be kept up to date when ever a single change is submitted.

This year we added the Toronto Area, Toronto Area Convention, Essex Kent Area, Hamilton Area, Manitoba Area, and the South Okanagan Area, which Meant the entire BC Region is now using the template and database. The AL-SASK region and Saskatchewan Area are currently getting ready to upload their sites using the template.

The benefit of our template is that we have a consistent look and feel on the internet for members, the public, and professionals looking for information on NA in Canada and their local Area.

Any Area or Region can use the template and it's free. Once your site is launched you will no longer need graphic artist or web developers to have a NA website.

My term as web-coordinator is now finished and I would encourage anyone who has the desire to get involved to consider this position in the future.

In Service,
Trevor B

We will select the 2014 Host Area for CCNA XXII at the next CANA-ACNA Conference

Has your area ever hosted a CCNA convention?

Does your area or region want to host?

If you are interested in being the host area for CCNA XXII you can get in touch with the NCRC to put a bid together for consideration at next years conference.

Ideally we will be looking for an Eastern Host area or region for 2014. That would be an area located in CARNA, Le Nordet or the Quebec Region.

The interested area should have experience with area or regional conventions, have facilities that can accommodate from 500 to 1000 addicts as well as the CANA-ACNA committee the week prior to the convention.

If you are interested have your RD or RDA contact the NCRC to provide you with assistance and all relevant information.

One country brought together in Unity to celebrate Recovery

NCRC (National Convention Resource Contact)

As the Interim NCRC over the last 6 months I have worked with the current CCNA committee as well as the Anchor and Edmonton Area's to develop bids for 2012 and 2013.

Unfortunatley due to the fact that we had not received a bid request prior to July 2011 we do not know where the next two CCNA conventions will be yet. The Assembly will decide at this years conference where we will host the next convention and set a time table for 2013 if we can not make a decision at the conference.

We accepts bids, and bid request's two years in advance at the annual conference after we select the next location. There is a rotation schedule for CCNA and it goes like this:
EAST (Maritimes and Quebec)
WEST (BC and AL-SASK Regions)
CENTRAL (Ontario Region)

As the NCRC my role is to assist interested Area's and or Regions in developing a bid that complies with the CANA-ACNA guidelines. Once a committee is formed I provide them with the necessary templates and training to Host a successful CCNA convention.

Mentorship is also part of the NCRC role, this is important as our service literature states rotation is crucial to a healthy service structure.

Again I would like to thank the CANA-ACNA body for asking me to assist as the Interim NCRC and I look forward to being able to continue to serve the Canadian Fellowship in this role.

In Service,
Trevor B

CANA - ACNA Member Regions
www.canaacna.org
1305 Meetings each week

AL-SASK Region - Edmonton and Saskatchewan
195 Meeting each week

BC Region - British Columbia
www.bcrna.ca
375 Meetings each week

Canadian Atlantic Region - New Brunswick, PEI, Nova Scotia, Newfoundland and Labrador
www.carna.ca
73 Meetings each week

Le Nordet Region - North Eastern Quebec
50 Meetings each week

Ontario Region - Ontario and Manitoba
www.orcna.org
400 Meetings each week

Quebec Region - Quebec
www.naquebec.org
212 Meetings each week

Taken from www.canaacna.org. meeting list September 2011